CAHDRE actively seeks opportunities to support and inform pre-undergraduate students about health careers, public health, health disparities, biomedical and transdisciplinary research, and health mentor assistance. CAHDRE supports the following programs for these students:

- Health Careers Explorer’s Academy
- Alaska Native Science & Engineering Project (ANSEP) Summer Bridge
- Anchorage Service High School’s Biomedical Career Academy (BCA) & Project Lead The Way (PLTW)
- Della Keats/UDOC Summer Program

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At the University of Alaska Anchorage, the CAHDRE Project was established to accomplish several aims:

- Collaborate with others to encourage and support students, especially under-represented minorities, into health careers.
- Inform students and faculty about health disparities issues in Alaska.
- Assist health students to develop skills in assessing and using evidence to improve their practice.
- Mentor students and faculty interested in pursuing careers/projects in health research.
- Infuse an orientation toward exploration and inquiry at all levels of education.

**WHAT IS CAHDRE?**

CAHDRE provides “team science” mentoring opportunities for students of all levels interested in learning about health careers and health disparities.

Mentors at the University of Alaska Anchorage may be faculty, professionals, or students, and may come from areas such as medicine, public health, and biomedical sciences.

A database was developed to match mentees with at least two mentors to foster multiple perspectives and trans-disciplinary teamwork. Become a mentor or mentee by filling out an application at: http://cahdre.uaa.alaska.edu/mentor/.

**HEALTH DISPARITIES**

Health disparities refer to differences in the incidence, prevalence, mortality, and burden of diseases and other adverse health conditions that exist among specific population groups in the US.

**TEAM SCIENCE APPROACH**

Current health disparity research is founded on biomedical, behavioral, and social sciences. Factors such as economics, environments, work, and politics must also be considered when researching effects on health. Therefore, CAHDRE is instituting a “team science” or integrative and collaborative discipline approach to health disparity research.